

## Iowa Child Care Infant, Toddler, Preschool Age – Child Health Exam Form

### HEALTH PROFESSIONAL COMPLETE THIS PAGE<sup>1</sup>

Child's Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age today: \_\_\_\_\_

Date of Exam: \_\_\_\_\_

Height/Length: \_\_\_\_\_

Weight: \_\_\_\_\_

Head Circumference—for children age 2 yr and under: \_\_\_\_\_

Blood Pressure—start @ age 3 yr: \_\_\_\_\_

Hgb or Hct—anytime between 6-9 mo: \_\_\_\_\_

Blood Lead Level—start @ 12 mo: \_\_\_\_\_

### Sensory Screening:

Vision: Right eye \_\_\_\_\_ Left eye \_\_\_\_\_

Hearing: Right ear \_\_\_\_\_ Left ear \_\_\_\_\_

Tympanometry (may attach results) \_\_\_\_\_

### Developmental Screening<sup>2</sup>:

Developmental screening results: \_\_\_\_\_

Autism screening results: \_\_\_\_\_

Psychosocial/behavioral results \_\_\_\_\_

Developmental Referral Made Today:  Yes  No

### Exam Results: (n = normal limits) otherwise describe

HEENT

Oral/Teeth

Oral Health/Dental Referral Made Today:  Yes  No

Heart

Lungs

Stomach/Abdomen

Genitalia

Extremities, Joints, Muscles, Spine

Skin, Lymph Nodes

Neurological

Space is available on back page for detailed comments or instructions pertaining to enrollment at child care or preschool.

<sup>1</sup> Iowa Child Care Regulations require an admission physical exam report within the previous year. Annually thereafter, a statement of health condition signed by an approved health care provider. The American Academy of Pediatrics has recommendations for frequency of childhood preventative pediatric health care (RE9939, March 2000) [www.aap.org](http://www.aap.org)

<sup>2</sup> Developmental screening procedures were expanded to include autism, developmental surveillance, and psychosocial/behavioral screening July 2009 by the Iowa EPSDT Medicaid program. Toll-free 800-383-3826.

### Allergies

|                |
|----------------|
| Environmental: |
| Medication:    |
| Food:          |
| Insects:       |
| Other:         |

### Immunization: May attach a copy of Iowa Department of Public Health Immunization Certificate

|             |              |
|-------------|--------------|
| DtaP/DTP/Td | MMR          |
| Hepatitis B | Pneumococcal |
| HIB         | Varicella    |
| Polio       | Other        |
| Influenza   |              |

TB testing (only for high-risk child)

**Medication:** Health professional authorizes the child may receive the following medications while at child care or preschool: \_\_\_\_\_ (include over-the-counter and prescribed)

### Medication Name Dosage

- Cough medication
- Diaper crème:
- Fever or Pain reliever:
- Sunscreen:
- Other

Other Medication should be listed with written instructions for use in child care.

### Referrals made:

- Referred to **hawk-i** today 1-800-257-8563
- Other: \_\_\_\_\_

### Health Provider Assessment Statement:

- The child may participate in developmentally appropriate child care/preschool with **NO** health-related restrictions.
- The child may participate in developmentally appropriate child care/preschool **with the following restrictions:**

(May use stamp)

**Signature** \_\_\_\_\_  
**Circle the Provider Credential Type:** MD DO PA ARNP  
 Address: \_\_\_\_\_ Telephone: \_\_\_\_\_