

DECEMBER 2020

Cedar Valley Catholic Schools

Monday
Tuesday
Wednesday
Thursday
Friday


Ham, Egg & Cheese
Breakfast Bar 2oz
Orange Juice
Graham snacks 1 oz

1

Mini waffles 2.64oz
Syrup cup 1 oz
Fruit Juice 4oz
Nutri grain bar 1.55 oz

2

Pancake & Sausage on a stick
2.85 oz
Syrup cup 1oz
Juice cup 4oz
Graham snacks 1oz

3

Frosted cinnamon bun
2oz
Fruit Juice 4oz
Craisins 1oz

4

Mini Cinnamon cream cheese
Bagel 2.43 oz
Orange Juice 4oz
Cereal 1oz

7

Breakfast Pizza
k-5/2.95oz – 6-12 5.9oz
Fruit Juice 4oz
Chex yogurt mix 1oz

8

Mini Pancakes 2.64oz
Syrup cup 1 oz
Fruit Juice 4oz
Pop tart 1oz

9

Jumbo Potato Rounds
72 grams
Sausage Patty 2oz
Fruit Juice 4oz
Cereal 1oz

10

Glazed Donut 2oz
Gogurt 2oz
Fruit Juice 4oz
Craisins 1oz

11

Soft Cocoa Puffs Bar 2.36 oz
Orange Juice 4oz
Cereal 1 oz

14

Cheese Omelet 2.1oz
Fruit juice 4oz
Cereal 1 oz
Graham snacks 1 oz

15

Mini waffles 2.64oz
Syrup cup 1 oz
Fruit Juice 4oz
Nutri grain bar 1.55 oz

16

Breakfast Link 64 grams
Graham Snacks 1oz
Fruit Juice 4oz
Cereal 1oz

17

Frosted Long John 1.1oz
k-5
Frosted Cinnamon roll 6-12
Fruit Juice 4oz
Craisins

18

Mini strawberry cream cheese
bagel 2.43 oz
Orange Juice 4 oz
Cereal 1oz

21

Christmas Break

22

Christmas Break

23

Christmas Eve

24

Christmas Day

25

Christmas Break

28

Christmas Break

29

Christmas Break

30

New Years Eve

31