

DECEMBER 2020

Cedar Valley Catholic Schools

•			*	
Monday	Tuesday	Wednesday	Thursday	Friday
	Ham, Egg & Cheese Breakfast Bar 2oz Orange Juice Graham snacks 1 oz	Mini waffles 2.64oz Syrup cup 1 oz Fruit Juice 4oz Nutri grain bar 1.55 oz	Pancake & Sausage on a stick 2.85 oz Syrup cup 1oz Juice cup 4oz Graham snacks 1oz	Frosted cinnamon bun 2oz Fruit Juice 4oz Craisins 1oz
Mini Cinnamon cream cheese Bagel 2.43 oz Orange Juice 4oz Cereal 1oz	Breakfast Pizza k-5/2.95oz – 6-12 5.9oz Fruit Juice 4oz Chex yogurt mix 1oz	Mini Pancakes 2.64oz Syrup cup 1 oz Fruit Juice 4oz Pop tart 1oz	Jumbo Potato Rounds 72 grams Sausage Patty 2oz Fruit Juice 4oz Cereal 1oz	Glazed Donut 2oz Gogurt 2oz Fruit Juice 4oz Craisins 1oz
Soft Cocoa Puffs Bar 2.36 oz Orange Juice 4oz Cereal 1 oz	Cheese Omelet 2.1oz Fruit juice 4oz Cereal 1 oz Graham snacks 1 oz	Mini waffles 2.64oz Syrup cup 1 oz Fruit Juice 4oz Nutri grain bar 1.55 oz	Breakfast Link 64 grams Graham Snacks 1oz Fruit Juice 4oz Cereal 1oz	Frosted Long John 1.1oz k-5 Frosted Cinnamon roll 6-12 Fruit Juice 4oz Craisins
Mini strawberry cream cheese bagel 2.43 oz Orange Juice 4 oz Cereal 1oz	Christmas Break	Christmas Break	Christmas Eve	Christmas Day
Christmas Break	Christmas Break	Christmas Break	New Years Eve	

Applications for free & Reduced price meals may be submitted at any time. Go to EZmealapp.com to apply online. Menus are subject to change based on availability of product. **** All meals include 1/2 pint of milk, choices are: 1% Chocolate or 1% white milk Lunches are currently free to all enrolled students. Second items taken are charged to the students account as a la carte items.. Guest/Visitor or adult meals are \$4.00. **** Check account balances and make payments online with zero fees at EZschoolpav.com - Cedar valley Catholic Schools is an Equal Opportunity Provider.